

SEPTEMBER ACTIVITIES

MON

TUE

WED

THU

FRI

SAT

SUN

1

2

3

Minibus
Trip to Hadleigh Farm



4

One to Ones



5

6

Activities with Sue

7

8

9

Chair Exercises &
Music Afternoon



10

Cheese &
Non-Alcoholic Wine Tasting



11

Activities with Sue



12

13

Roald Dahl Day
Movie Matilda

Vist from Buddy the Dog



14

15

16

Chair Exercises



17

18

Halfway to St. Patrick's Day
Irish Dancer



19

20

21

22

23

Chair Exercises



24

25

National Arts in
Care Home Day



26

27

28

29

30

Chair Exercises

